

*A Spiritual Journey to Mindfully and  
Consciously Creating a Life of  
Wealth and Prosperity*

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## *Mind Your Own Money Story*

*A Spiritual Journey to Mindfully and Consciously  
Creating a Life of Wealth and Prosperity*

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## *Introduction*

**Mind Your Own Story** means mindfully and consciously re-writing a new story – a story that is in alignment with what you truly wish to be and to do and to have. We have been conditioned with a false story – a story told to us by those closest to us.

The “*mind*” part of *Mind Your Own Story* means you will create your new story mindfully and consciously – not by default. No more allowing external events and circumstances determine your story and your life. You can make conscious choices about your story and your life.

The “*own*” part of *Mind Your Own Story* has a double meaning. First, it is your story, not the story you have inherited through past conditioning from family members, authority figures, cultural influences or the media. Your story is your own; it comes out of who you are – your values, your desires, and your character. Second, you own this new story, so own it! Your story is your own and you own your story. It belongs to no one else except you.

This should help you in minding your own story. Your new story must come from that deep place within – your core authentic self. You are a divine expression, a creator of all that is you. It is not only your birthright; it is who you truly are. So stop allowing external circumstances determine your path. Take the mindful and conscious journey to creating the life you truly desire. Stop living someone else’s dreams and goals and stop living on autopilot. Take the proactive approach to creating your own life, you own story.



*“We tend to live our lives be default – instead of living by design.”*

*~ Coach Carolyn*

## *What's Your Money Story?*

***“Continuing to tell stories of shortage only continues to contradict your desire for abundance, and you cannot have it both ways: You cannot focus upon unwanted and receive wanted. You cannot focus upon stories about money that make you feel uncomfortable and allow into your experience what makes you feel comfortable.***

***A different story will bring different results....”***  
~ Abraham-Hicks



***A story is a re-imagined experience, or perceived experience narrated with energy and power – it's emotion-packed causing the listener to exhibit some reaction.***

***“The desire for riches is really the desire for a richer, fuller and more abundant life; and that desire is praiseworthy.”***

***~ Wallace Wattles, The Science of Getting Rich***

Do you dream about financial independence, but struggle to believe that it is actually possible for you? Are your bills piling up each month? Do you constantly think, “What else can go wrong that will eat away at the finances?” Are you seeing more month at the end of the money? Are you robbing Peter to pay Paul?

Well, if you answered any or all of these with a resounding YES, then take heart because there is hope.

According to USA Today, nearly 2/3 of Americans are in debt. Of those, almost half have stopped paying one or more of their credit cards. Although the situation may seem hopeless, it is far from hopeless and far from impossible to overcome.

You can achieve the financial freedom you deserve if you know the right choices to make and are willing to believe that you can achieve financial independence.

To get your financial situation under control, you must start with some basic beliefs. Not the beliefs you have already bought into, but some new beliefs about money and wealth. You will discover that living these new beliefs will not only improve your finances, but all other areas of your life as well.

Although we tend to live very compartmentalized lives, our lives are far from being so. One area always spills over into another. ***How you do one thing is how you do everything!*** Many of the daily stresses you feel may seem like it is only related to your money issues, but I assure you those stresses touch every other area of your life in one

way or another. As you begin to get your money story under control, you will see the benefits spill over to those other areas of your life.

Not only will you feel less stress, but your family relationships will improve, allowing you more quality time to spend with your family. You will become more socially connected and more in touch with your Inner Divine Source. This will lead to you becoming more giving of yourself, your time, talents and treasure. Because you will be doing more of what you were meant to do – instead of what you think you should be doing – you become calmer and more peaceful. Can you begin to see how one stressed area of your life affects all the other areas?

When you mind a new money story, not only will you live a life of financial freedom, but you will live the life you truly desire. You will create a life in which you can be, do, and have that which you truly desire. No more struggle; no more stress; no more strain; and no more strife in your life. Say “no more” to lack and not having enough; and say “now what” to the abundance and the unlimited possibilities that unfold before you.



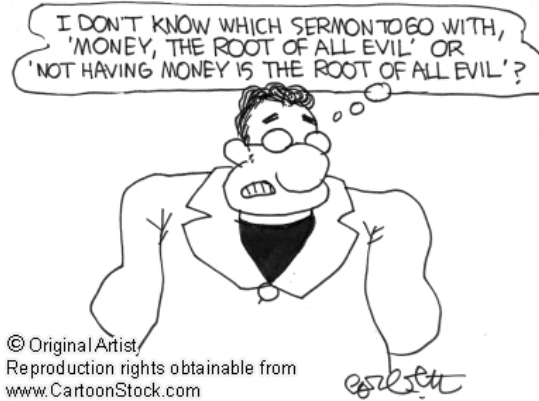
***“Do not think, talk, or act any way but prosperously.  
Do not allow others to talk to you in any way but prosperously.  
Do not read anything or take seriously anything that is printed or  
said that seems contrary to prosperous thinking. If you mix up your  
trend of thought, you set up cross-currents that neutralize your  
efforts for prosperity.*”**

***In order to be permanently prosperous, dare to be different!”  
~ Catherine Ponder, The Dynamic Laws of Prosperity***

**“Money is better than poverty, if only for financial reasons.”**

~ Woody Allen

What is your money story? What do you tell yourself on a daily basis about money – about wealth, prosperity and abundance? Have you fallen in with the lack-minded crowd who speaks of nothing but struggle, lack and hard times? Are you influenced by the media whose job it is to speak of doom, gloom, and the scarcity boom? If you get caught up in these kinds of conversations day in and day out, then your mind cannot help but retain, review, and re-hash these same poverty conversations.



Is this what you want your new story to look like? Is this the type of atmosphere you want to live in as you mind your new story? I suspect not; and if not, then you must mind a new money story. It is not enough to want wealth, riches and success if you continuously fill your consciousness with thoughts, feelings, and experiences of lack, scarcity, and limitation. You must also fill your mind, body, and spirit with the thoughts, feelings, and experiences of wealth, success, riches and abundance.

There is abundance – an abundance of anything and everything you desire. There is also lack. All you need to do is speak it into existence. Like Henry Ford very wisely said, “*If you think you can or you think you can’t – you’re right!*” What are you thinking, feeling and speaking about on a daily basis? What are you creating in your reality? Is it lack or poverty? Or, is it abundance and prosperity? The choice is yours.

Can you recall some of the things you were either taught or heard about money and wealth growing up as a child? Were the things you were taught or heard negative statements? Were those statements consistently told to you? Did you hear them on a regular basis? It is these statements that have formed your current belief system or your money story.

More often than not, you were told that to be rich meant that you were also corrupt in some way or just plain evil. To be wealthy, you have to step on the feet of those who are poor. How about the famous line: *“The rich keep getting richer and the poor keep getting poorer.”* Then there is the most misquoted passage of scripture: *“Money is the root of all evil.”* My personal favorite was the basis of my old money story: you cannot be wealthy and be spiritual as well.

Where on earth did such beliefs come from? Past conditioning passed down from generation after generation. These money beliefs were based on ignorance and a lack of awareness. There is no need to blame those who continue to filter down this misinformation – but to recognize that once you become aware, you have the power to break the cycle of those limiting and self-defeating money beliefs. Bless and thank that old money story as it brought you to the here and now. But here and now is where you can question those old stories – and as they no longer serve you, you have the power to release them and create a new money story.

***“Whatever may be said in praise of poverty, the fact remains that it is not possible to live a really complete or successful life unless you are rich. You cannot rise to your greatest possible height in talent or soul development unless you have plenty of money.***

***For to unfold the soul and to develop talent, you must have many things to use, and you cannot have these things unless you have money to buy them with.”***

**~ Wallace Wattles, *The Science of Getting Rich***

***“Close friends and relatives, while not meaning to do so, often handicap one through “opinions” and sometimes through ridicule, which is meant to be humorous. Thousands of men and women carry inferiority complexes with them all through life because some well-meaning but ignorant person destroyed their confidence through “opinions” or ridicule. You have a brain and mind of your own.***

***Use it and reach your own decisions.”***  
***~ Napoleon Hill, Think and Grow Rich***

As you have grown up, you have created a story about money based on your beliefs and your experiences. This is the story you tell yourself on a daily basis. This is the story you live your life from.



***“And do not be conformed to this world,  
but be transformed by the renewing of your mind...”***

***~ Romans 12:2***

***It's time to make the decision to Mind A New Money Story.***

## *Decide to Mind Your Own Story*

When you make the decision to *Mind Your Own Story*, you literally enter a realm of unlimited possibilities. Using your magnificent mind and imagination, you can be whatever you want to be, do whatever you want to do, and have everything you want to have. The only limits you have are the limits you place on your own mind and imagination.

To *Mind Your Own Story* you go into the theater of your mind. Your new story will be birthed from your own mind and imagination – not by societal and cultural default. Visualize what you desire to be, do, and have. Get a full and clear picture of what that all looks like. The mind thinks in images, in pictures. So, picture your new story, your new life, exactly as you desire. Remember, only you place limits on how much, how high, how big, and how bright your life can be.

When you get this clear picture in your mind, enhance it with sounds, colors, smells, and especially feelings; really make it as sensual as possible. This is your new story, your new life – so really feel it! Play this movie over and over and over and over in your mind – especially upon awakening in the morning and just before falling asleep at night. This is when your conscious mind is most receptive to allowing new thoughts into the subconscious mind. The best part about this is the subconscious mind, like the universe, cannot tell if this story is real or imagined. So visualize constantly and the story will become your reality.



***“If you're prosperous in soul, you'll be prosperous in whole.”***  
~ Mark Victor Hansen

## *Move Out of Scarcity and Into Prosperity*

What do you consistently tell yourself about money? What is your ongoing inner dialogue about wealth and prosperity? Does it run along the lines of there is not enough? Or, you will never have enough? If this is your constant conversation about wealth and money, then chances are there isn't enough in your present reality.

You are living in a place I call “**Scare City**”. This is where all you see, all you feel and all you think about is scarcity. Because you live in Scare City, you constantly exhibit a scarcity mindset. If this is your current story and your current residence, it is time to pack up and move!

There are two elements where scarcity is pervasive: money and time. When you are living in Scare City, there is never enough of either. Unfortunately, Scare City is extremely crowded so there is never a shortage of scarcity conversations. The motto of Scare City is “*misery loves company*”.

How do you leave Scare City when it is all you know? It is easy to see your lack and limitations when they are the focus of your attention. Just for a moment, fix your mind on a new place, a place where there is more than enough. There is enough time to do all the things you want to do and enough money to do it. Have you got such a place fixed in your mind? There is an abundance of everything that you need; there is no lack and there is no want. There is only an overflowing abundance of everything. Can you see it? Imagine it! This place is called Prosperity.

In ***Prosperity Place***, there are no shortages; there is only abundance. This about what your life would be like in Prosperity Place. You would be, do and have all that you can be, do and have. All it takes is a shift in consciousness. This is simple, but not easy. Why? Because for most of your life, you have consistently focused your attention on scarcity; it is familiar to you, it is what you know. In order to make the shift, you must do it consciously and mindfully. You must watch your thoughts and notice your self talk. When you catch yourself tipping back over into Scare City, you must STOP, TAKE A BREATH, and hit the RESET button. Then, you can think a thought more in alignment with what you want and speak the words of prosperity and plenty.

This takes conscious and consistent effort and attention. Just as it would for you to physically pack your things and move; you must pack and move in the theater of your mind. When you move, you must get used to your new home; but you don't spend one evening in your new home and then the next three evenings back in your former home. You plant yourself in your new home, you make it as comfortable as you can and you begin to love and enjoy it. Welcome to ***Prosperity Place!***



## *Living Your Money Story*

We have all grown up with certain beliefs about money and wealth. Some of us have more positive money stories and have gone on to create abundant lifestyles; while the majority of us have come to have very negative beliefs about earning and accumulating wealth. It is this majority that struggle and live lives of lack, scarcity and limitation. So, what's the disconnect? Why the difference in money stories?

Those with a more healthy belief about money seem to earn money with less effort and strain than those with a negative view of money and wealth. All you need to do is listen to the conversations of those with a healthy view of wealth and those without. The stories are extremely telling. Aside from the beliefs that those who are wealthy are somehow less spiritual, corrupt or evil, the people with these limiting beliefs are not aware that it is this belief system that limits them and keep them in their present state of lack and scarcity. These folks have not developed a healthy prosperity consciousness.

Unfortunately, it is this scarcity consciousness that also run your life story. It determines what jobs you take; who you choose to associate with; what kinds of cars you own; what kinds of vacations you take – if you even take vacations; and the quality of food you eat. Granted, a lot of this is cultural, but that also feeds into this type of lack mentality.

Now, on the other hand, those with a healthy wealth consciousness also have the same sets of determining factors – though vastly different and with less worry and anxiety. We do not realize and are not aware of the ramifications this has on our day to day living. Your life stories are largely ruled by your money stories. If you have a money story full of lack and scarcity, then it is from this consciousness that the rest of your life will follow. The first step in to become aware of the stories you are telling and living. If you constantly speak of lack, scarcity and not enough, then chances are

great this is the life you are living. If you talk about wealthy or financially successful people in a derogatory way, then this is what blocks your own flow to manifest wealth yourself. How can you become what you do not like?

Living your money story means first becoming aware of the story you are telling and living. Become conscious of your self talk and the way you speak about money and wealth. Then make a conscious effort to create a new money story by becoming and speaking that which you want to become. Not every person of wealth and means lacks spirituality or conscience. Begin where you are right now. Begin by making the decision to shift your thoughts and soon you will find yourself speaking differently about the wealthy – which will lead to you becoming one of them.



***“If a story no longer serves us, isn’t it time to let it go?  
With a different story we at least have a chance at a happier life.  
Without the change things can become more and more hopeless  
until it can be almost impossible to let the familiar go.”***

***~ Kathleen Gage, The Street Smarts Marketer***



## *The Truth About Abundance*

Chances are you are living a story that smacks of lack and poverty. By this I mean you are not living the story or the life you truly desire. This is also not the life you signed up to live. For if you were being and doing what you agreed to be and do when you incarnated, your story would be one of wealth, abundance and prosperity.

Look at those who are living out their true stories – celebrities, athletes, the rich and famous. They are being and doing what they signed up to be and to do. That is why our culture pay them so handsomely and treat them as royalty. When you can live out your true and authentic story – you too will receive a rich reward.

Yet, you live out of a story that is not your own; therefore, you live a very small life and an even smaller existence. This is not the truth – as the truth is abundance. There is an abundance of everything you desire. But there is also an abundance of those things you choose to focus on – like lack and poverty. Whatever you consistently focus on, you will meet and it will become your story. This is not the truth and this is not your truth; as the truth is there is plenty of everything you deeply desire. The fact is you choose not to focus on that plentiful bounty. Why not? Past conditioning has taught you to focus on the negative; it has taught you to focus on that which everyone else around you focuses on. Unless you grew up around big, positive thinkers, you grew up around small-minded limited reminders. They did not even think; they simply reminded you of what everyone else did – which was usually nothing.

So, make the decision to ***Mind Your Own Story*** – about money, about business, about relationships, about your spiritual life. Know the truth and the truth shall make you free!

## *Stop, Take A Breath, and Ask:*

*“I say that you ought to get rich, and it is your duty to get rich. How many of my pious brethren say to me, ‘Do you, a Christian minister, spend your time going up and down the country advising young people to get rich, to get money?’ ‘Yes, of course I do.’ They say, ‘Isn’t that awful! Why don’t you preach the gospel instead of preaching about man’s making money?’ ‘Because to make money honestly is to preach the gospel.’ That is the reason.”*

*~ Russell Conwell, Acres of Diamonds*



*“You must constantly ask yourself these questions:*

- Who am I around?*
- What are they doing to me?*
- What have they got me reading?*
- What have they got me saying?*
- Where do they have me going?*
- What do they have me thinking?*

*And most important,*

- What do they have me becoming?*

*Then ask yourself the big question:*

- Is that okay?*

*Your life does not get better by chance, it gets better by change.”*

*~ Jim Rohn*

## *Develop a Positive Money Mindset*

How you think about money is the single most important factor that determines whether you are wealthy or not. So, if you want more money in your life it is essential that you develop a positive money mindset.

However, many of us are taught to think negatively about money. We're told things like "money is the root of all evil," and "money doesn't grow on trees." No wonder we have such a difficult time thinking positively about money! You may have even been taught that rich people are greedy and as a result are subconsciously avoiding wealth and missing out on the great opportunities having money can provide. As long as you hold on to these kinds of negative and limiting beliefs about money, you will never create the wealth you desire or deserve.

To change your money mindset, you must first recognize that money is not good or bad by itself – it just is. Money is simply energy; it is a medium of exchange. In fact, money is more often used to do good than bad. Think about the wonderful charities that have been able to help people all around the world when they are given large donations of money. Appreciate all the good that money is used for. It is an important part of life and is used to make positive changes in the world.

Recognize that money is abundant. When you were young, you may have been told by your parents that money doesn't grow on trees. If you're holding onto that belief now, your own mindset could be holding you back from attracting money and wealth. Money may not grow on trees, but there is an abundant amount of it for everyone, including you. However, if you believe that money is scarce, that belief will keep it far away from you.

Giving money away is another way you can develop a positive money mindset. Wanting to hang onto every cent you have is a sign of a scarcity mindset and reinforces the idea that there is not enough of it. Giving reinforces the concept of abundance.

Finally, be happy for those who are successful and have money. We often remember being told that those who have money are greedy and we are tempted to think negatively about them. In fact, the opposite is usually true. Rich people often accumulate their wealth by sharing what they have with others and believing in the idea of abundance.

When someone else has money, don't resent their success. If you have feelings of jealousy, that will only hold you back from achieving your own wealth and success. Instead, be happy for them and remember that there is enough wealth for you too.

By making these changes in how you think about money, you will be on your way to developing a positive money mindset. Once you begin thinking about money in a positive way, you will be on the path to achieving your own wealth.



***“Every person naturally wants to become all that they are capable of becoming; this desire to realize innate possibilities is inherent in human nature – we cannot help wanting to be all that we can be. Success in life is becoming what you want to be; you can become what you want to be only by making use of things, and you can have the free use of things only as you become rich enough to buy them.”***  
~ Wallace Wattles, **The Science of Getting Rich**

## *Mind A New Story to Create Wealth*

Have you ever wondered why money comes so easily to some people, yet others seem to struggle for every penny they earn? The difference between the two types of people often lies in how they think about money and wealth. Here are some wealth creation rules to live by to help you become one of those who will always have more than what you need, instead of someone who never has quite enough.

Change your money mindset. How you think about money and wealth is the single most important factor that determines whether you're wealthy or not. If you hold any wrong beliefs about money, or believe that you don't have enough, that thinking can hold you back from ever becoming wealthy. Instead, recognize the power that your thoughts have over the money in your life and embrace it. Some fabulous books to read to help you change your mindset about money are:

**Think and Grow Rich** by Napoleon Hill

**The Science of Getting Rich** by Wallace Wattles

**The Dynamic Laws of Prosperity** by Catherine Ponder

**Spiritual Economics** by Eric Butterworth

These books explain how your way of thinking can make you wealthy or keep you from experiencing the riches you desire. I personally read and/or listen to them on audio every week to help me maintain a prosperity mindset.

Be optimistic about wealth. Money is important in our society. Not having enough can be a very scary thought. But instead of being fearful of money, be optimistic. Visualize yourself having enough money to pay your bills and enjoying the finer things in life. What would it feel like to have a certain dollar amount in your bank account? Focus on that image and keep it foremost in your mind.

When you are optimistic about wealth instead of afraid of not having enough, you will be on the path to overcoming adversity and creating wealth.

Be willing to take risks. Realize there is some risk involved in creating wealth, but that anything worth achieving is worth the risk. Some people never experience the fulfillment they crave because they're afraid of failing. Failure is not something to be feared. Instead of procrastinating and being afraid of failing, plan your actions carefully so you will be prepared no matter what happens.

Take inspired action where your money is concerned. If you've been waiting for wealth to come along and find you, it's time to start taking action to create wealth instead. If you own a business, be prepared to work smarter and offer better services. Take positive steps that will help you create wealth.

Invest your money wisely. Make your money work for you. The wealthy don't keep their money in savings accounts. To protect the money you have and ensure it continues to grow, it should be invested in a fund that's well-balanced between safe investments and risks. This is how the wealthy use money to create more wealth.

When you develop the right mindset toward money, take inspired actions, and manage your money wisely, you will become a person who creates wealth and stop being someone who is afraid of not having enough. You will soon change your scarcity mindset into prosperity consciousness.



## *4 Steps to Mind Your Own Money Story*

Explore your money beliefs, assumptions, myths and fears to uncover your money mindset. Until you do, you will not be able to make peace with money and wealth, thus allowing you the freedom to live a prosperous and abundant life.

### *Step #1: Define Your “Divine Why”*

***“Wherever there is unexpressed possibility, there is unsatisfied desire – as desire is possibility seeking expression.”***

~ Wallace Wattles, **The Science of Getting Rich**

What is your big vision and why do you want it? It is not to have a huge pile of cash sitting in the middle of the floor. Think about what would having that pile of cash give you – freedom, security, more choices, more time with family? Then, what would that *feel* like?

### *Step #2: Watch Your Thoughts*

***“The mind moves in the direction of our currently dominant thoughts.”*** ~ Earl Nightingale

What you think about money and wealth will define what shows up in your reality. If you believe that it is a struggle to make money and accumulate wealth, then it will be. Your beliefs create your reality.

***“If you keep on saying things are going to be bad, you have a good chance of being a prophet.”***

~ Isaac Bashevis Singer

### *Step #3: Watch Your Language*

What are you saying to other people and to yourself about money? Do you find yourself saying, “Oh, I can’t afford that...” Or, “Oh, I don’t have the money...”

Again, this will become your reality. Also, avoid words like “spend.” We don’t want to “spend” our money. What do we mean when we say we are spent? It means we have exhausted our energy. We don’t want to “exhaust” our money; we want to “circulate” our money! Spread it around and have it bless you and other people.

***“You should know about money is that it is valuable only as long as it is being used. Once it has been taken out of circulation, it becomes as worthless as the “old newspapers” or “empty beer cans” that have been stashed away in the attic.”***

***~ Bob Proctor, You Were Born Rich***

### *Step #4: See Yourself as Wealthy and Prosperous*

***“Your world is a living expression of how you are using and have used your mind.” ~ Earl Nightingale***

Every morning when you wake up and every evening before you go to sleep, visualize yourself as having enough money to be, to do and to have all that you desire. Visualize yourself as having a prosperous lifestyle to manifest all that you dream of.

***“Feel appreciation for those who provide examples of Well-being. How would you know that prosperity was possible if there wasn't some evidence of prosperity around you? It's all part of this contrast that helps you to sharpen your desire.” ~ Abraham-Hicks***

## Mind Your Own Money Story Worksheet

### ***Scarcity vs. Prosperity Consciousness***

Before you can attract wealth and prosperity, you must transform a scarcity mindset into a wealth and prosperity mindset. To help shift your paradigms, begin seeing the abundance that is already around you.

***I am so happy and grateful now that***

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***I will focus on the good in my life by***

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***I admire \_\_\_\_\_ because***

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***I will model the success of \_\_\_\_\_ by***

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*I am passionate about*

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*I will use my passion to contribute value and create financial abundance by*

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***“If you don't go after what you want, you'll never have it.  
If you don't ask, the answer is always no.  
If you don't step forward, you're always in the same place.”***  
~ Nora Roberts

Money must not be the source of your happiness and joy. If you want a happy and joyful life, you must make the decision to be happy and joyful right where you are now – regardless of your current story.

***I believe money can***

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***I believe having more money will***

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***I see the joy in my life when***

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***“Happiness is when what you think, what you say,  
and what you do are in harmony.”***

***~ Mohandas K. Gandhi***

## *Release the “How”*

Whenever I say “*how is a four-letter word*” in my workshops and seminars, I get a sea of baffled stares. Some even begin counting on their fingers, trying to figure it out. Hilarious! Well, it isn’t that difficult really. Think about the term, “four-letter word”. What are four-letter words? Usually they are words that are profanity, something we should not say – at least in polite company. It is the same with the word *how*. Let me explain.

You have a dream, a desire, an intention and you make the decision to make that dream a reality. It can be that you desire a new car, a new house, a new job, or a new relationship – whatever the dream, you have decided to just go for it. For the majority of you, the first question out of your mouth is “*how*” – how will you make it a reality. This is where you get stuck, and then stalled, and you end up with no dream. Why? Because you gave in to the dreaded *how*.

When you make the decision to go for one of your dreams – the *how* shows up for you. You don’t have to work at it or struggle with it. When you keep asking *how*, you stop the vibrational flow and you end up feeling doubt, fear and worry. This will not do to manifest your desire. You are not in a state of allowing, you have shifted into a state of resistance and the Universal Force cannot work with you if you are resisting. You also limit what the Universe can do for you because by focusing on the *how*, you have all the answers and all the control. But this is the way you have always done it and as Dr. Phil would ask, “*How’s that working for you?*” I dare say, it isn’t!

Keep in mind that *how* is a bad word when you are manifesting your new story; it curses and stalls your dreams and desires. **How** is none of your business! Your job is to get full of the feeling of your desire and vibrate that positive feeling, not how to make it happen. It is in this state of allowing that abounding possibilities begin to flow beyond your wildest imaginings.

## *Self-Awareness Reflection Exercises*

*“I choose to create a new relationship with money.”*

*“I choose to mind my own money story.”*



The strength and self-control required to take responsibility for my money story is found within me. ***I am determined to create a more healthy relationship with money.***

I will fill my mind with information that will help me to stay positive and have a prosperity mindset. I will read good books, listen to positive audios and I will fill my time and my mind with things that will help me stay focused and motivated.

***I am money-savvy.*** I am able to come up with creative ways to increase my sources of income and increase my finances. My greatest source of pride is that I am working as hard as I need to in order to leave a legacy of wealth and financial freedom.

Peace saturates my life because my income surpasses my expenses. I am a reliable provider, making enough money to comfortably take care of my family's needs. I have the necessary discipline to live within my means with contentment.

***When I fix my eyes on the goal, I inch closer to a life of abundance.***  
The concept of owing is in my past. I choose to see the abundance in the world and in my life as I become a kind and loving giver.

Today, I begin a new chapter in my financial story where I see the abundance and the prosperity in my life. I choose to shift to wealth consciousness and only fill my mind with health, wealth and wisdom.

***Self-Reflection Questions:***

1. What is the one thing I need to change about my finances?
2. How can I increase my income and release my debt?
3. Why is it necessary to fill my mind with prosperity teachings?



***“Look for things that you appreciate where you are. It will put you in a place of perfect allowing, even when you are not yet manifesting all that you want. ‘There are many people right now experiencing the dream that is coming for me, who were at one time standing right where I’m standing. I’m right on track. There is not anything amiss here. Everything is unfolding perfectly. I am perfect where I am and gravitating to something that will satisfy me even more.’ That’s the attitude that lets it expand.”***

~ Abraham-Hicks

## [Magnetizing Money Home Study Course](#)

### **Is Your Mind Repelling Money?**

**Every time you question, meditate, reason, or even dispute why you don't have enough money ~ you're repelling money!**

Wow! That's a pretty bold statement.

However, if you're familiar with the principles of the Universal Laws of Attraction, you know it's true because it's all about your thoughts. When you spend your time *thinking* you don't have enough money ... well, guess what!

Isn't it time to change your thinking and start attracting money? Isn't it time to learn how to become a magnet for money? Isn't it time to learn what it takes *to draw money to you like bees to honey?*

### ***TIME TO START THINKING BIG!***

An important strategy presented in the [Magnetizing Money Home Study Course](#) is to think big. When you learn to think big AND take extreme action, you'll be amazed at the results!

- “By following the Magnetizing Money System I attracted \$12,000 in just three weeks!” ~ Brian Wells, MI
- “The Magnetizing Money System helped me to attract 30 new clients to my Chiropractic business in just one month.” ~ Donna March, PA

The [Magnetizing Money System](#) was developed by four very successful personal coaches ~ *Eva Gregory, Jeanna Gabellini, Sharon Wilson, and Terri Levine*. Each one has experienced the truth contained in the [Magnetizing Money Home Study Course](#).

*Eva Gregory* recorded a whopping \$2.7 million revenue increase in her business in just 9 months. ☞ *Sharon Wilson* doubled her income in 12 months. ☞ *Jeanna Gabellini* tripled her income in one year while slashing her workweek in half. ☞ *Terri Levine* shrewdly used the principles to capture exposure in the Wall Street Journal and USA Today.

*FINALLY someone has put together a level-headed guide on how to easily attract money when you need it NOW. In this case, four beautiful angels did it. Get this one TODAY.*

*~ Dr. Joe Vitale, #1 Best-Selling Author, Spiritual Marketing*

**Harness the energy to take inspired actions ☞ Switch off old beliefs that don't serve you and turn on the ones you need to make money ☞ Think bigger so you can gain massive rewards**



As a Spiritual Animator, Author and Advocate, **Carolyn D. Townes** has been teaching, coaching and facilitating workshops for over a decade in the areas of women's wellness. Her company, [\*Spirit Women Institute\*](#), is dedicated to equipping, empowering and encouraging women to lead lives of inner peace, passion and prosperity. Trained and certified in grief counseling, death education, hospice care, and bereavement services, Carolyn has journeyed with women and men going through difficult life transitions through her workshops, one-on-one counseling, group coaching, and courses in grief, healing and life transition, such as dealing with anger, change, and forgiveness issues.



Carolyn has a unique gift for designing and delivering dynamic, leading edge programs that give participants access to life-altering shifts that lead to embodied and lasting change. As a keeper and teller of stories and parables, Carolyn is known for injecting passionate and humorous stories and tangible processes into her coaching, classes and facilitation, giving her audience the tools they need to live consciously and intentionally.

Carolyn is the animator and transformational facilitator of many programs including *The Confident Woman*, *Women in Transition*, and *The Joy of Living on Purpose*. She is the founder and animator of the [\*Becoming a Woman of Purpose\*](#) women's circle and authors the [\*Becoming a Woman of Purpose Blog\*](#) to further integrate and incorporate the principles and practices.

Carolyn is the host of the *Blog Talk Radio* show, "[\*Mind Your Own Story\*](#)" where she shares her expertise on changing your limiting story to a story of abundance and peace.

The other hats that Carolyn wears are in pastoral ministry, social peace and justice, and Franciscan studies.

As one of her students shared, "*A lot of souls will be saved through your wisdom and compassion. Your dedication has definitely inspired me.*"

There are more components to the [\*Mind Your Own Story\*](#) program. When you begin to create a new story and change your life, several issues will surface to challenge you and question your journey – issues like fear, taking action, and how you deal with money, and more. Check them out today!

